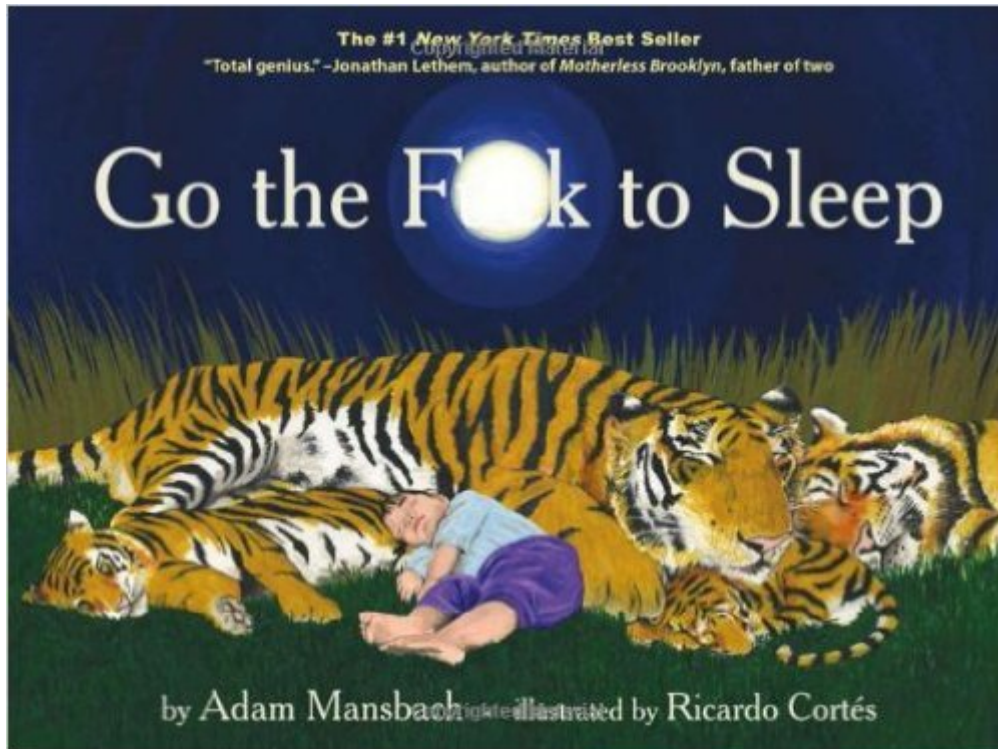


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# Go The F\*\*k To Sleep



## Synopsis

"Nothing has driven home a certain truth about my generation, which is approaching the apex of its childbearing years, quite like this."--The New Yorker"A parenting zeitgeist"--Washington Post"A hilarious take on that age-old problem: getting the beloved child to go to sleep."--National Public Radio"A new Bible for weary parents"--New York Times"Resonates powerfully with almost everyone"--Boston Globe"Go the F\*\*\* to Sleep challenges stereotypes, opens up prototypes, and acknowledges that shared sense of failure that comes to all parents who weary of ever getting their darling(s) to sleep and briefly resuming the illusion of a life of their own."--Midwest Book Review"Go the F\*\*\* to Sleep is a bedtime book for parents who live in the real world, where a few snoozing kitties and cutesy rhymes don't always send a toddler sailing blissfully off to dreamland. Profane, affectionate, and radically honest, California Book Award-winning author Adam Mansbach's verses perfectly capture the familiar--and unspoken--tribulations of putting your little angel down for the night. In the process, they open up a conversation about parenting, granting us permission to admit our frustrations, and laugh at their absurdity. With illustrations by Ricardo Cortes, Go the F\*\*\* to Sleep is beautiful, subversive, and pants-wettingly funny--a book for parents new, old, and expectant. You probably should not read it to your children. Seriously, Just Go to Sleep, a children's book inspired by Go the F\*\*\* to Sleep and appropriate for kids of all ages, is forthcoming from Akashic Books in April 2012 and available NOW for pre-order.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (2,882 customer reviews)

Best Sellers Rank: #180 in Books (See Top 100 in Books) #1 in [Books > Humor & Entertainment > Humor > Parenting & Families](#) #1 in [Books > Humor & Entertainment > Humor > Limericks & Humorous Verse](#) #1 in [Books > Humor & Entertainment > Humor > Parodies](#)

## Customer Reviews

I can't imagine anyone more qualified to do the audio version of this book than Samuel L Jackson.

It's genius. I can't remember the last time I laughed so hard. I highly recommend this to anyone, especially someone who has struggled with a small child at bedtime.

I NEVER write reviews, but this book is too brilliant to let pass. It is, for me, pitch-perfect, and the illustrations make it even funnier -- we have (now given away) an endless supply of the lovely books on which this is clearly based, the 'sheep are asleep beyond the hills' books. They seem so charming with your first baby . . . As other reviewers have said, clearly pass on this book if you object to profanity -- that seems too obvious to mention, and I'm unclear on why anyone who objects to profanity, or thinks it too low-brow, would buy a book called "Go the @^#\*(@^# to Sleep." Caveat emptor, no? Also pass on it if you are yourself not very funny, or your children are unusually docile. Finally, be sure to hide it from your kids -- I live in some terror that my kids will find this on the high shelf in my home office. With those caveats in mind, buy it now. I second the earlier reviewer who said it made him more patient in the bedtime ritual -- I just climbed down from the top bunk, at 37 wks pregnant, after consoling my 5 yr old about the 'sad part' of the book she just read (the dog goes back to its original owners), and the 2 yr old because the 5 yr old's sobbing was keeping her up, and thinking "just go the eff to sleep." I felt kind of zen about the whole thing, as opposed to cranky and annoyed. Do not buy this for your friends having their first child; they won't appreciate it.

Do not buy this book if you are a first time new parent- you won't get it. Do not buy this book if you have perfect kids- you won't get it. And definitely do not buy this book if you dislike swearing- you will hate it. But for those who have kids that find every excuse not to go to bed and get driven nuts at night trying to be patient- this is hilarious! We all love our kids and this book says what goes through our minds sometimes but would never say.

I can't tell you how many times I have thought the title of this book in my head when putting my little one down for bedtime ;) It is a wonderful comic relief to those long, late nights of babies screaming in your ear and toddlers asking you "one last question" as you try to shut the door :)

... just a note to outraged parents: this is not a children's book, it is a \*parody\* of children's book. It should not be read to children, but it is not \*intended\* to be read to children. No doubt some book sellers, dealing with many books every day and misled by the cover (which covers up the f-word), put this book in the children's section. But I've seen book stores with Flaubert's "Sentimental Education" in education book, or Pirsing's "Zen and the Art of Motorcycle Maintenance" in the

"automotive maintenance" section. That is not the author's fault. The book itself is quite amusing, although, like most children's books, which it copies, quite short. As for the price, quite apart from supply and demand, like with "real" children's books, you are not, really, paying for the text -- it is too short for that (as most children's books are) -- but for the artwork and the production value, which are both very good. Whether it is worth the price is a personal issue. Some people will be greatly amused and would enjoy it as a conversation piece. Some people will think it's very overpriced. But I am just noting that much of the criticism of this book in the reviews (that is corrupts children, that it is overpriced because it is short, etc.) is just not to the point.

I got this book pre-ordered as a mothers day gift, I finally got it. I laughed so hard! It is a great book if you have a sense of humor! Do NOT read to kids of course, it's adult humor! Do NOT get this if you do not like swearing! I laughed the whole way through, my friends all enjoyed it! You will get this book if you have problems at night time with your children. Great book!!

There are a lot of cheap parodies of Margaret Wise Brown's classic Goodnight Moon, with varying degrees of cleverness (unfortunately, usually not very good). This could have been just another, and certainly would have gotten a lot of buzz based on the title alone. I couldn't help taking a look, figuring at the worst, it'd be something like Baby, Mix Me a Drink (Baby Be of Use) from McSweeney's. But, it's actually a very sweet look at the troubles and frustrations of being a new parent. Having a child turns your life upside down, no matter how prepared you think you are for it, and, yeah, it's hard. Sure, this is a joke book, and the humor is certainly in the inappropriate profanity, but underneath, there's the touching honesty of a loving parent who can admit that it doesn't all just come easily. And, unlike those cheap parodies, the words and rhythms actually scan pretty well. Huh; look at that. I suppose with an endorsement from David Byrne on the back cover, that's the least one could hope for. Anyway, this highly recommended as a gift for anyone with a first child aged three months to -- whenever kids start going to sleep by themselves. (It's gotta happen eventually, right?) In any case, not only will the new parents laugh, they'll be able to relate.

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